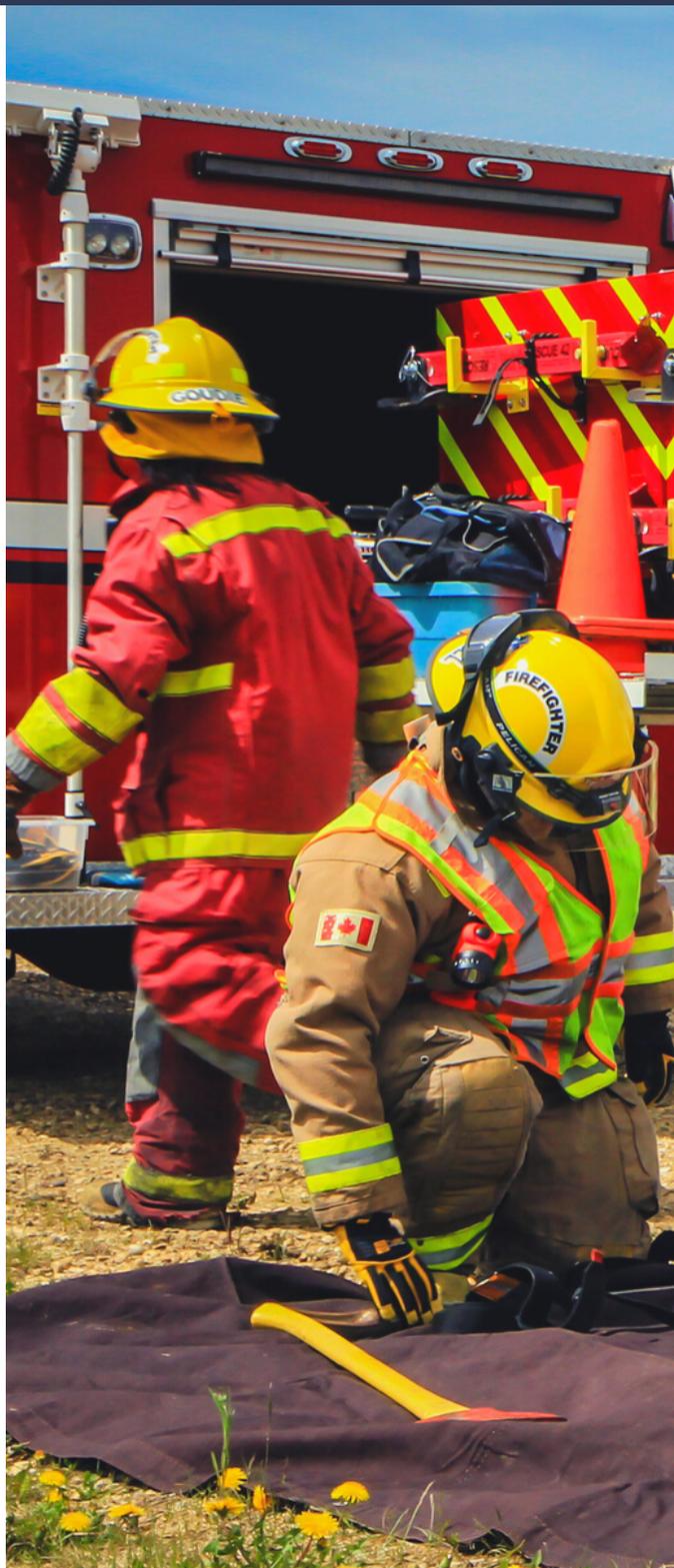


LOCAL CAPACITY BUILDING KEEPS NORTHERN COMMUNITIES RESILIENT



Critical Incident Stress Management (CISM) for communities has designed a program to teach local communities the skills needed to help each other during crisis or traumatic events.

Forty-five individuals have been trained in Fort Chipewyan, Fort McKay, Anzac, Janvier, and Conklin. These communities now have the capacity to support each other during traumatic events, which helps mitigate the long-term impacts of crises.

PROJECT:

CISM FOR COMMUNITIES

In 2018, CISM partnered with the Regional Municipality of Wood Buffalo to bring the program to five Indigenous communities in the area.

The goal of CISM is to empower capacity of local communities by:

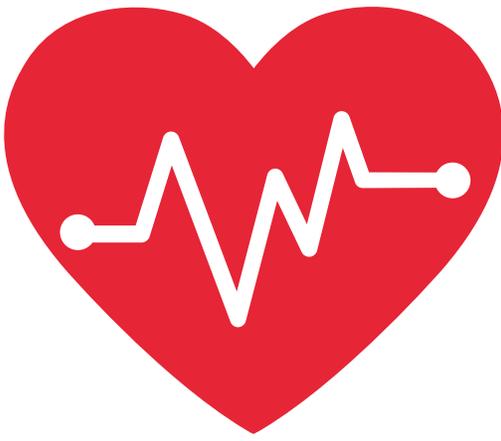
- teaching community members the required skills to do Individual and Group Crisis Interventions; and
- helping communities create and register their own local Critical Incident Response Team for non-profit status.



Northern
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Northern Trailblazers highlights stories of innovation and development in northern Alberta by showcasing initiatives, programs, and approaches undertaken by communities and businesses across the region.



A Train the Trainer program like CISM helps communities adopt best approaches for working together in the face of stressors or trauma, supporting a resilient northern Alberta.

CISM SUPPORTS COMMUNITIES BY:

01

PROVIDING CISM TRAINING TO INDIVIDUAL COMMUNITY MEMBERS

02

MENTORING NEW TRAINEES FOR ONE YEAR

03

HELPING TRAINEES CREATE THEIR OWN CRITICAL INCIDENT RESPONSE TEAM AND REGISTER AS A NON-PROFIT ORGANIZATION

04

ASSISTING THE NEW CISM ORGANIZATION TO BECOME A CONTINUED, SELF-SUSTAINING SERVICE WITHIN THE COMMUNITY

FIND OUT MORE ONLINE AT: [HTTP://CISMFORCOMMUNITIES.CA/EVENT/CISM-TRAINING-FORT-MCMURRAY/](http://cismforcommunities.ca/event/cism-training-fort-mcmurray/)