



# NORTHERN HEALTH SUMMIT

**June 16 – 17, 2016**  
**Belle Petroleum Centre**  
**Peace River, Alberta**



**Northern  
Alberta  
Development  
Council**

Hosted by



Northern  
Alberta  
Development  
Council

In Partnership with



Alberta Health  
Services

*Alberta*  
Government

# WELCOME NOTE...



NADC's Northern Leaders' Summit Series facilitates dialogue between northern communities and senior government representatives to

address key issues impacting northern communities. Summits are by invitation and include representation from each northern community. Additional guests are invited to observe proceedings where appropriate.

The Northern Health Summit is a deliverable from the 2014 Northern Leaders' Summit hosted in Athabasca, Alberta. Health Care was identified among the top priorities for northern communities and the Minister of Health directed the NADC Chair to host a Summit. As host, the NADC has worked to engage colleagues in Alberta Health and Alberta Health Services to ensure experts in the field can share current information on programs and priorities.

We are pleased to have Alberta Health ministry staff and Alberta Health Services participating in the Summit and the opportunity delegates will have to provide input into their identified priorities. This is a unique opportunity for the north.

## Message from the Honourable Sarah Hoffman

Deputy Premier and Minister of Health

It is my pleasure to welcome leaders from northern municipalities and Indigenous communities, government representatives and all participants to the Northern Health Summit.


This conference is an important opportunity to discuss the health priorities of northern Albertans and how we can work together to address those priorities.

The Summit enables us to learn from one another and be inspired to find new ways to support the health and well-being of municipalities and Indigenous communities in this region of the province. It provides for collaboration and discussions that begin at this event and continue into the months ahead.

I hope the insights gained through the conversations at this conference lead to a better understanding of the health care needs of northern communities and I hope they lead to innovations in health care delivery that strengthens how those needs are met.

Thank you for your dedication and commitment to enhancing health care delivery in northern Alberta and indeed right across this great province.


## NADC Region: In Brief



**60%** of Alberta's total land area  
Natural region is largely Boreal Forest



**10.6%** of Alberta's population, 2011 Census  
At least 88 native languages  
Over 100 ethnic groups

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- 19** Municipal Districts
  - 23** Towns
  - 9** Villages
  - 11** Summer Villages
  - 101** Hamlets
  - 2** Cities (Cold Lake and Grande Prairie)
  - 2** Specialized Municipalities (Mackenzie County and Regional Municipality of Wood Buffalo)
  - 2** Improvement Districts (No. 24, Wood Buffalo and No. 349)

- 
- 8** Métis Settlements
  - 32** First Nations
  - 9** Treaty areas (6, 8, and 10)

# AGENDA

## Thursday June 16, 2016

8:30am

**Delegate Registration- until 9:30am (Coffee/Tea and Continental Breakfast available)**

**\*ALL plenary sessions will be held in the Petroleum Room**

9:30am

**Welcome and Introductions** – Mr. Brian Allen, NADC Vice-Chair

Mr. Dave Matilpi, Indigenous Elder, Kwakiutl First Nation

Ms. Debbie Jabbour, MLA for Peace River

Mr. Colin Needham, Councillor, Town of Peace River

10:00am

**Health Workforce – Presentations and Panel Discussion**

**Presenter: Mr. David Kay**, Assistant Registrar & COO, College of Physicians and Surgeons of Alberta (CPSA)

Mr. Kay will describe the role of the CPSA, specifically the process of obtaining registration (license) for both Canadian and International medical graduates.

**Biography:**

Prior to joining the College in 2016, David acted as the Executive Director for RPAP Health Workforce for Alberta, a 26-year old rural health workforce agency funded by the Alberta Ministry of Health. Mr. Kay is an experienced health care consultant and senior manager with over 30 years of diversified expertise with university hospitals and regional health systems in Saskatchewan and Alberta.

David is a Certified Health Executive and Fellow of the American College and board-certified in health care management. He holds a Master's in Health Administration from the University of Ottawa.

**Presenter: Dr. Jill Konkin**, Associate Dean and Director, Division of Community Engagement, University of Alberta

Dr. Konkin will be presenting on rural medical education in the north, changes in the past decade, the collaboration between medical school, local physicians and their communities. Her presentation will discuss new programs and their outcomes.

**Biography:**

Dr. Konkin is Associate Dean and Division Director, Community Engagement and Associate Professor, Family Medicine in the Faculty of Medicine & Dentistry of the University of Alberta. This portfolio includes Indigenous, inner city, rural & regional and international/global health plus community engaged research. She spent most of her career as a comprehensive rural generalist physician in rural Alberta. Her clinical practice currently is as a locum for rural Alberta physicians.

11:30am

11:45am

**Presenter: Ms. Rebekah Seidel**, Community Recruitment Consultant, Rural Physician Action Plan (RPAP)

This presentation will offer an overview of RPAP's rural Alberta community support work, and explore how communities can play an active part in the successful attraction and retention of rural physicians. Information, resources and practices helpful to rural communities will also be shared.

**Biography:**

Rebekah is a Community Recruitment Consultant with RPAP, working with rural communities in Alberta's North Zone. She has a Bachelor's and a Master's degree with over 25 years of domestic and international experience in community development, engagement and capacity building. Her work through the years has largely been in smaller, rural and remote communities.

**Health Break**

**Midwifery in Alberta**

**Presenter: Ms. Suzanne Higgins**, Senior Advisor, Rural Sustainability, Primary Health Care, Alberta Health Services

Ms. Higgins will present on Primary Health Care which is foundational to supporting the maternity care continuum.

In rural Alberta, collaborative care is one strategy to keep women closer to home. In this rural model of Alberta Health Services, primary care networks and midwives work together in shared care. This collaboration allows practitioners to support one another in service delivery. There are three adaptations of this model in Alberta, one of which focuses on care to Aboriginal women.

**Biography:**

Sue has 25 years of clinical experience across the continuum of women's health. As a Registered Nurse she has participated in primary care initiatives in Africa through the University of Calgary, worked in birthing centres in the United States and maternity service delivery in Alberta. In the last few years she has adapted this experience to assist in Provincial rural planning initiatives across Alberta.

**Presenter: Ms. Michele Evans**, Acting Assistant Deputy Minister, Professional Services & Health Benefits, Alberta Health

This presentation will provide an update on recent government investments to support more Alberta families' access to midwifery services and share progress on ongoing efforts to create a sustainable framework for the midwifery workforce in Alberta.

**Biography:**

Michele is a pharmacist who has worked for both small community pharmacies and large international pharmaceutical companies. Michele is currently accountable for shaping division operational priorities as the Acting Assistant Deputy Minister for Professional Services and Health Benefits. This division is responsible for provincial health workforce policies and legislation, health provider compensation, pharmaceuticals and supplemental benefits and the governance and administration of the Alberta Health Care Insurance Plan.

12:30pm

**Lunch – Buffet served in Cobblestone Room**

1:15pm

**Alberta Health- Ministry Priorities**

**Presenter: Ms. Lara McClelland**, Executive Director, Strategic Policy, Strategic Policy Branch

**Ministry priority: Indigenous Health**

There are significant disparities in health outcomes and access to services between Indigenous and non-Indigenous Albertans. These disparities are influenced by a broad range of factors, including the social determinants of health such as housing, income, social supports, education, social and physical environments. This presentation will share current data of health outcomes of Alberta's Indigenous peoples and share some exciting initiatives underway in Alberta in collaboration with many partners.

**Presenter: Ms. Shannon Berg** (for Adult Addiction and Mental Health Unit)

**Ministry priority: Mental Health**

One in five Albertans will experience a mental illness in his or her lifetime. One in ten people over the age of 15 will battle a drug or alcohol dependency. We also know that as a result of the Slave Lake Fire, High River and Calgary flood and the Fort McMurray fire we will see an increase in these numbers over the next three to five years. And we know the addiction and mental health system can be improved. Which is why, In June 2015, Premier Notley announced a review of Alberta's addiction and mental health system. This presentation will provide an overview of the review process, findings and government actions to respond to the review recommendations that aim to improve mental wellbeing and resiliency for all Albertans, now and into the future.

**Presenter: Ms. Shannon Berg**, Executive Director, Primary Health Care, Primary Health Care Branch - Community Based Primary Care

**Ministry priority: Community Based Primary Care**

There is substantial evidence that a well-functioning primary health care system leads to better health outcomes, improves the experience of individuals and leads to decreased health care costs for the health system overall. The Government of Alberta is committed to working with existing assets at community levels that will support integration across the primary health care system. The goal is to create a system designed with and for communities that aligns population health and cultural needs to community supports and services. This is particularly true for rural communities, where there are less services available over large geographic areas.

**2:00pm**

**Health Break – Delegates transition to designated breakout rooms**

**2:15pm**

**Breakout Sessions - Northern leaders provide input into Ministry priorities**

Through discussions facilitated by Community Development Officers, northern leaders will provide input into Ministry priorities. Breakouts will be structured as regional community roundtables. Delegate nametags will reflect their designated breakout room.

- Group A- Cobblestone Room
- Group B- Riverfront Room
- Group C- Riverfront Side Room

**4:00pm**

**Adjourn till banquet**

**5:30pm**

**Pre-Banquet Networking and Refreshment**

**6:00pm**

**Banquet Dinner featuring keynote speaker Dr. Dave Hepburn, Award Winning Syndicated Columnist**

**Biography:**

Dr. Dave Hepburn is an author and award winning syndicated columnist to more than 100 newspapers across the United States and Canada. Dr. Hepburn was a Canadian naval surgeon in the Persian Gulf War in 1991 and also served as the doctor for the West Coast fleet for three years. He is seen regularly on the Oprah Winfrey Network.

Dave is on the Board of Directors for the David Foster Foundation and is a clinical instructor with University of British Columbia Medical School.

## Friday June 17, 2016

8:30am

### Welcome and Introductions

Ms. Shelly Pusch, Chief Zone Officer, North Zone, Alberta Health Services (AHS)

8:45am

### 2016 Grey Matters Conference

Heart and Stroke Foundation's Shaping Active, Healthy Communities Toolkit

9:00am

### Alberta Health Services- North Zone Priorities

**Presenter: Ms. Wendy McLean**, Executive Director, Primary Care, Chronic Disease Management & Family Health, North Zone, AHS

#### **Zone Priority: Primary Health Care**

Primary health care is the first place people go for health or wellness advice and programs, treatment, or to diagnose or manage health conditions. An effective primary health care system is planned around the needs of individuals, families and caregivers, rather than providers or facilities. There has been substantive work in the Alberta Health Services North Zone over the past few years that has created primary health care capacity through engagement and collaboration with key stakeholders. Seeking input and including feedback from citizens on local health system planning helps us understand how to deliver better care and supports. This presentation will share some promising initiatives underway in primary health care where citizen involvement shaped health system design.

**Presenter: Ms Donna Koch**, Executive Director, Addiction & Mental Health/Population Public Health & Aboriginal Health, North Zone, AHS

#### **Zone Priority: Addiction and Mental Health**

Alberta Health Services' Addiction and Mental Health in the North Zone provides programs and services that are evidence based yet uniquely tailored to meet the needs of the community. To improve the health of the population in the north. It takes collaboration, partnership and teamwork across local, provincial and national governments; NGO; businesses; volunteers and community organizations. Most importantly we need to work and plan with the people who call northern communities "our home". This presentation will highlight the current picture of addiction and mental health, including diverse populations, unique challenges and opportunities, service redesign, innovation such as use of technology, and will showcase the re-entry and recovery plan in response to the Fort McMurray wildfires.



**Presenter: Ms. Robyn Maddox**, Executive Director, Seniors Health, North Zone, AHS

**Zone Priority: Seniors Health - Continuing Care**

Seniors Health in the North Zone addresses the needs of individuals (across the lifespan) requiring services from home care, Supportive Living, Long Term Care to Palliative and End of Life Care. Our goal is to offer a variety of client focused options. This presentation will focus on:

- Collaboration with Alberta Health and Alberta Seniors to forecast and plan continuing care capacity including the addition of options in many of our communities
- Collaboration within AHS to focus on the journey of the patient for placement options and removing barriers to client-driven placement across the province
- North Zone leadership in a single point of access for continuing care through the Continuing Care Access phone line to support placement and system navigation
- The early journey of palliative care service delivery models for the north

**9:45am**

**Health Break – Delegates transition to designated breakout rooms**

**10:00am**

**Breakout Sessions –Northern leaders provide input into North Zone priorities**

Through discussions facilitated by Community Development Officers, northern leaders will provide input into AHS North Zone priorities. Breakouts will be structured as regional community roundtables. Delegate nametags will reflect their designated breakout room.

- Group A- Petroleum Room
- Group B- Riverfront Room
- Group C- Riverfront Side Room

**11:50am**

**Plenary Wrap Up and Evaluation**

**12:00pm**

**Adjourn and Lunch (Buffet or Bag Lunch available)**

**12:30-1:30pm**

**Post-Summit Workshop- NADC Economic Region (Optional)**

**NADC: Economic Region Data and Current Initiative**

*\* Agenda is subject to change.*

# ALL ABOUT NADC

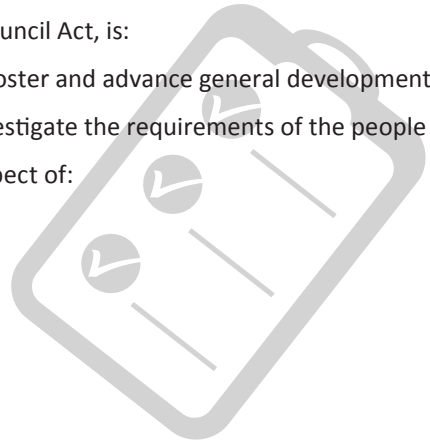
## QUICK FACTS

### OUR MANDATE:

The mandate of the NADC, as set out in the Northern Alberta Development Council Act, is:

“...to investigate, monitor, evaluate, plan and promote practical measures to foster and advance general development in northern Alberta and to advise the Government accordingly, and ... may investigate the requirements of the people resident in northern Alberta and make recommendations in that regard in respect of:

- (a) social and economic development;
- (b) development of communities and service delivery; and
- (c) development of government services and programs.



### GOVERNANCE:

The NADC is governed by a Council. The Council is made up of nine public members and the Chair is a Member of the Legislative Assembly (MLA) of Alberta. Council membership reflects the geographic, cultural and vocational diversity of northern communities. All are appointed by the Lieutenant Governor in Council.

### KEY STRATEGIES:

Encourage economic growth and community development by:

- Building partnerships among key stakeholders to establish priorities and pursue northern opportunities
- Fostering economic strength and diversity by supporting development in transportation, value-added agriculture, tourism, health and other areas
- Supporting initiatives to increase northern skill levels, in partnership with northern communities, business, industry, learning providers and students
- Increasing awareness about Northern Alberta's employment and lifestyle opportunities

### NADC Office Locations:



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# Northern Alberta Development Council

...a stronger Alberta through a stronger north

